VIDEO 1

Introduction To Female Orgasms

TRANSCRIPT



By Alex Allman, © 2014 Life Love Passion Inc., All Rights Reserved

www.RevolutionarySex.com

Alex Allman, Copyright Life Love Passion Inc., all rights reserved. Written permission must be obtained from Life Love Passion Inc prior to any reproduction in print or electronically. Posting on file sharing services is a violation of copyright, terms of service, and the law, as well as a burden on the author's ability to continue providing this service. The author requests that you please do not post to file sharing services.

Alex: Hey, it's Alex. Thanks so much for showing up for orgasms. This is going to be, I think, a fantastic program. It's a little different than anything I've done before in that it's a little more focused. I've talked a lot about a lot of the elements that make great sex great. I think that what happens is, I seem to get most questions, just about orgasm.

I've said before and I'll say it again that just being able to give a woman an orgasm doesn't make you king for the day, but giving her consistent, great, powerful orgasms, being able to do it consistently is definitely a pretty good step in the right direction to keeping a woman very, very happy.

In this webinar we're going to just focus in very tightly on just this idea, just this simple one note of how to give women powerful orgasms.

As we get into the material, what I want you to keep in mind is that there's really only three simple elements involved. While I'm going to go into some detail and I'm going to explain some stuff, I don't want you to get bogged down too much by the details. Even understanding a small part of it is all that you really need in order to have all the results that you want to get, which is to say consistent, powerful orgasms.

I think that the tendency, especially for men, but also for women, particularly women who are on this call today because they're not having success having orgasm on their own … and I know I've got a lot of women who fit that description who are probably on the call … we tend to overcomplicate this. We think that there's going to be some big difficult thing, and if we could just get this thing and we could work at it that we could make orgasm happen. In fact, this is biologically natural and it's easy if you let it be.

I'm going to jump into the PowerPoint. The title is Orgasm: Screaming, Sheet-Shredding Multiple Orgasms. My intention is to deliver.

This is the how-to guide for fast, consistent and powerful female orgasms.

As I just said, the idea that this is complicated is the problem. It really is very simple. I want to start with a couple of questions just to kind of queue this up in your mind. I want you to think about these lightly as we go through this, because the answers to these questions will really help for those who are troubleshooting, that is to say you're in a relationship with somebody that doesn't orgasm consistently or quickly, and it's kind of a hassle for you, or you're having difficulty getting your woman to orgasm at all.

Consider these questions:

One, why are some women only able to have orgasms with a man that they deeply trust and/or are in love with? There's a lot of women out there … and by the way, these women … I should say, or by themselves, women who can bring themselves to orgasm, they can have an orgasm with a man they deeply trust or love, but if they feel something's not right or that it's … no emotional connection, it's really, really difficult for them to experience an orgasm, if it's possible at all.

Why do some women, other women, have much more powerful orgasms only when they're cheating? When they're with somebody who's not their boyfriend, or during sex with strangers. Which is to say there are a lot of women out there who've emailed me … it's not terribly uncommon … who, maybe they do or don't have an orgasm with their husband, but then they cheated sometime with this douchebag that they hated at work, and they had these incredibly powerful orgasms, and then began these soul-searching, "What's wrong with me, am I broken?"

Why is that?

Why is it that some women can only have orgasms alone while masturbating? It's like it's cool with the vibrator, it's cool alone with the fingers, but if there's somebody else in the room, they just can't have an orgasm. Why is it that some women never have orgasms at all?

Just lightly consider those questions as we go into the three direct components of female orgasm. I really want to emphasize here that these three things are the only things, the only things you will ever need to bring a woman to orgasm. Everything else is just, you know, the decals and the paint job. The rest is just to get fancy, or to distract yourself, or maybe there's some fancy technique that makes you feel very expert, and because of that feeling you have you have more confidence to do what you're doing.

These three things, simple as they are, are the only things you will ever need to give a woman an orgasm:

Arousal, stimulation and surrender.

That's it. That's the whole package. There is nothing else to it. We're going to dig into all these three things. We're going to talk a lot about the different ways that you can do it. Don't get bogged down. It's not hard. It's just these three things. If you have one good trick in your arsenal for each of them, you're kind of done. That's it, and it's not hard.

I'm just going to put this in a little bit of a different format so you can kind of see what happens. Arousal and stimulation are really … I'm not going to call them interchangeable, but they enter a little feedback loop. If you're stimulating your partner, like maybe you're going down on her and you're stimulating her clitoris with your tongue … If she's not aroused first, stimulation is not going to feel good. She's going to want you gone. It's going to be uncomfortable, maybe ticklish, if you dive right in there before she's aroused. Stimulation isn't going to work without arousal happening first.

Now, of course, when she's a little bit aroused and then you stimulate her, what's going to happen is she's going to become more aroused, right? Does that make sense? The more aroused she becomes, the more powerful she's going to feel that stimulation and the more aroused she's going to become. This is a loop, and it becomes increasingly powerful. Arousal level goes higher and higher and higher, and eventually we reach surrender, which is that little element that is sometimes in the way. Surrender leads immediately to orgasm.