VIDEO 6

Q+A and Faq

TRANSCRIPT



ORGASMS

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Alex: Let me take a look at some of these questions.

Q: How do you know for sure when a woman is having an orgasm or going to have an orgasm, and how do you know when she's just enjoying the stimulus but isn't even close to having an orgasm? In other words, how do you know the difference between those two scenarios?

A: Great question. Obviously it's really important that you know the difference.

First, the way that you know that she had an orgasm, the best way, is, when you practice this body listening, you practice tuning into her emotional state resonance, it'll leave no doubt in your mind. You'll know that she's had orgasm. It'll leave no doubt in your mind, so that's one, but that might be more advanced.

Two, her body flushes. You'll see her neck turns red, her face turns red. Usually, the skin of the top of her chest turns red and maybe even vascular. You might even see the veins pop out. That's two, really difficult to fake.

Three, impossible to fake, her vaginal lubrication changes scent after she has an orgasm. It develops a slightly metallic but discernibly different scent than it had right before she had an orgasm.

Those are the three foolproof ways of knowing.

Q: What do you do with a woman in bed who doesn't like to be dominated? In other words, what do you do if you're with a woman in bed who likes to have the masculine sexual role in bed?

A: There’s a couple of answers to that.

One is dominating a woman in bed, if it comes out of nowhere, like I said, you're likely to run into this clash. She’s like, “hey, what are you doing? I'm not cool with that!”

This sexual polarity requires that she gets into her feminine first.

Getting her into her feminine is really about all the things you've done on the date or in your lives in general prior to just being Mr. Dominant.

For some women, they're sexually dominant because they actually don't want to be that aroused by you. They already have a fear of surrender, about how much pleasure might happen if they were to surrender dominance to you. That's already edgy for them. Working sexual trust becomes important for that woman.

So there's this working up to it. First objectifying, that kind of thing, before you go to something as powerful as dominance. Second thing is, building sexual trust with a woman who's really freaked out by it. Third is, by the way, dominance isn't the only way of being masculine. You can lead without necessarily being dominant, so just know that.

The last thing is that some women are very masculine. They are very masculine.

You'll see couples, ecstatically happy couples, where the woman is highly competent, makes all the decisions. She probably earns more than he does. When they go on road trips, she drives. You'll see what's going on. He's giggly and soft and sweet. You think, what's going on?

They're happy.

What's going on? She's the one with the masculine energy, obviously nothing wrong with it. I know a lot of very happy couples who are just super good with her being the thrill-seeking daredevil man and him being softer, gentler and more receptive.

Being able to play in both ways, I think, makes somebody more whole, in expressing their full range of sexual emotions. I think it's fun to be able to play both. Obviously, I tend towards masculinity, but I can be very receptive. Women love it when you're receptive, so there's really nothing that's per se wrong with it.

Q: How can you convince a woman to never fake it with you?

A: Easy, be okay with her faking it.

That's how.

Really, she needs to trust, be okay with everything, which includes if she fakes it. If you can get to the point where she gets that faking it is cool and exciting and “let me see your best fake! Fake it even more. That turns me on.”

Once you make her bad and wrong for anything, it’s over. It's like what's the best way to keep a man from lying to you? By not getting pissed off at anything he says, letting him be himself. Then he doesn’t have to lie.

That's the same thing. In a way, it's like the best way to keep a man from lying to you is to be okay even if he does, to accept him as a human.

That's the best way to prevent a woman from ever faking it with you.

Really, the thing that is going to cause her to fake it… Maybe she didn't fake it with the last three guys, but with you, for sure, she's going to fake it… The thing that would make that happen is her feeling that you're really worried about her faking it. If you're really worried about her faking it, then you're the guy she has to fake it with. You're the guy that it means so much to.

There's that slide on attachment. That's like: what's at stake for you here?

Your attachment is the problem in that case, and the work is not hers to not fake it. She's not being bad and wrong for faking it. The work is yours for being not the guy who's freaked out by her faking it, for being the guy who’s… she's a woman, and she's not faking it to insult you. She's faking it for all kinds of her own emotional shames and insecurities and whatever. She wants you to like her. When you can get through compassion to that, “she just really wants me to like her,” Then you can give her the liking and tell her she's perfect the way she is.

Then she won't have to fake it with you anymore. You have to really reverse this and understand that it's your responsibility. That's the way it is. People lie to people that they can't tell the truth to. That's how that works.

Q: My wife's never experienced a G-spot orgasm. I want her to enjoy a g-spot orgasm. However, she won't let me in her to play. I brought her a g-spot vibrator, and she thinks dildos are for spinsters. Help me get her to experiment.

A: Dildos are for spinsters. I like that.

First of all, you don't need to make a big deal about the “let's try the G-spot orgasm” thing. In other words, there's sex positions you could use that allow you to get to the g-spot. Then all you have to do is be in that sex position.

Again, I'm pretty sure that's in Revolutionary Sex. Basically, anytime you angle this way, towards the top, and push upwards, you are likely to make contact with the g-spot. Of course, you're thrusting into her shallow. The tip of your penis is rubbing against the top wall firmly: G-spot.

To the degree that that feels good to her, you can just keep the rhythm there. You don't have to make a big deal out of it. You don't have to be like, let's try the g-spot orgasm. You don't have to buy a special vibrator or anything like that. It's totally unnecessary.

That's half of it. You don't need to craft a big deal out of it.

The other half of it…There’s three halves to this. I know that wholes only have two halves, but this whole has three halves…

The second half is that some women don't really like g-spot stimulation. I'll just put that out there. You're stimulating a series of glands that get swollen. They're around the urethra. Some women just really don't like it. It just doesn't feel good to them. It's not a big deal.

Go for an A-spot orgasm. They're more emotional. There's no rules to how your woman is supposed to have an orgasm.

There's a lot of people who are like, “until you give her a g-spot orgasm, she hasn't lived!”

I'm going to call that an exaggeration. G-spot orgasms are great, but it's not the end all be all.

Same with the squirting. It's great for marketing because we can say, look, this is a thing you want to be able to do, and marketing is important because it's part of the way the business communicates with their prospect in order to give their prospect a better life. You've just got to see that perspective.

Then, the danger is that there's too much marketing around the G-spot as the holy grail. It's far from the holy grail. It's great, and I recommend it, but don't obsess over it, because your attachment is freaking her out.

That's the third half. First half is you can do it without telling her. You don't need a special tool.

The third half is this thing of her feeling like she's a spinster if she does this or she doesn't want to try that.

Anything that she doesn't want to try is something to do with your relationship.

In my last program about lasting passion and attraction, a third of that program is about how to build a relationship where sexual trust happens. It's really beyond the scope of this course. This is just focused on orgasm, but just know that there's a whole series of things that have to happen trust-wise and sexual polarity-wise to get her excited to try the dildo.

It's not “for spinsters.” It's “the thing that turns my man on.” That conversation's got to be shifted.

The first part of shifting it is letting go of attachment, not being like “you've got to give me this or I'm going to be freaked out and disappointed.” Your freaked out and disappointed is like you're a little boy. All these bad things flow from it, and it hurts your entire relationship.

I hope I answered that well enough, at least the specific orgasms point.

Q: Eye-opening information, Alex, thank you. Sometimes when she's just in an orgasmic state with tears in her eyes, moaning for a long time but doesn't come, is that an orgasm?

A: Yes, it is.

An orgasmic state with tears in her eyes is almost certainly an orgasm. Yeah, that's an orgasm.

Q: If it isn't, how do I get her to cross that barrier?

A: This is a tricky one, because really it seems that a woman who's surrendered to the point where she's having so much pleasure there were tears in her eyes— she's coming.

If you had asked her how great was that orgasm, she'd say, “Wow, that was fucking amazing!” I don't think she would say, “what orgasm? You never made me come.”

Tears in the eyes is fully there. That's a very, very highly surrendered state, and she's probably bragging about you.

You're on the line asking me “is this okay?” and she's out with her girlfriends drinking wine right now going, “he's so great. He's amazing.”

Something tells me that you have a very happy woman on your hands.

Q: My girlfriend has conflicting desires. One, she was raped when she was 16. She's now 39. Another guy tried to rape her a few years ago, so she's skittish about sex and of course being uncomfortable around penises, including mine. She's also got some chronic joint pain. Between the two, I can't really handle her in a masculine way. It makes me feel hesitant with her. Two, I feel like she wants me to be more masculine and take charge with her. I'm getting the green lights and the red lights at the same time. It's hard to navigate. Any thoughts?

A: The deal is that there is some healing that has to happen here. The best way that you can help her to heal, I have found, and I'm not a doctor … I have to put on my website “this is for entertainment purposes only” because I'm not a doctor, so just know that, and know that legal disclaimers and all that.

This is for entertainment purposes only.

I have some pretty broad experience working with a lot of people here on this. The best way that you can help her to heal through this experience is to not buy into the idea that broken, to really be the guy who is a stand for her being okay.

Part of the way you do that is by giving her the masculine that she wants and really is craving, but do it in a gentle-handed manner. I wouldn't go with the dominance and the holding her down. I wouldn’t go with that part of it, but I would definitely go with the decisive and the leading and maybe objectifying, and all of those things that she can handle.

Then, powerfully, be okay with it in your own body.

Remember our friend, the “emotional state resonance.” To the degree that you're doing something masculine, and particularly as you edge towards something that's dominant, like when you're doing some leading with her and you're like, “I know you were raped. Is this okay?” You're feeling that. She feels that. She's like, I don't know? Is it okay?

That's the piece that you can clean for her. To the degree that you can be like, “babe, this is healthy and good. Your sexuality is beautiful. It's healthy and good. I'm clear on that. Not going to force you into anything you don't want to do. Now, roll over and show me your ass.”

In other words, you're being dominant and gentle. There's a paternal, nurturing way of being masculine. You're giving her that, and you're giving her that with this very clean emotional state to resonate with her that it's beautiful. It's good, and it's right.

That's my best tip for you. I really believe that, in a short amount of time, if you can clean your message internally, if you can clean your internals and then be the man that she's craving, it's be such a relief.

She'll be able to surrender into that, and I think it'll be really, really beautiful. I would give that a try.

I'm going to bring my friend Ben on. I'm going to see if I can u-nmute you there, Ben.

Ben: First of all, thanks for all your products, amazing stuff.

Alex: You're welcome.

Ben: I've been a fan for a while. My question is to do with different types of girls. I've noticed some girls that are really one and done, and after that one orgasm, they say, I'm just here for you now. There's the other girls that you mentioned who just do it. You feel like a rock star because they just keep coming, and you can tell them to come and they'll come. My current girlfriend is one of those one and done girls, and I've noticed that these girls come only from clitoral stimulation. If I'm in missionary and I'm stimulating the a-spot or the g-spot, they'll say, can I get on top now? They'll take it for a little while, and then they want to be on top so they can rub their clit against my belly. They really just go for one, and it's that big clitoral orgasm. I'm wondering how I can guide a girl from that into the rock star type girl.

Alex: Thank you, first of all. That's such an awesome question because it's probably the one that a lot of other guys are thinking.

You're right on. I really get the level and experience and expertise that you have in getting that there are these women who are really like they're self-convinced.

They're self-convinced that they are incapable of anything but a clitoral orgasm, and they're going to have one, and that's the way it's going to be. Their basic thing is that “I'm going to have one, and one's all I'm going to have.”

What you've got to overcome is a couple of things. First of all, it is true that women are much more receptive to multiple orgasms from vaginal orgasms. On one hand, her vaginal orgasm is probably your shortcut.

The second thing is that women can totally have extended and multiple orgasms through the clitoris.

All of these things are going to require you to take a certain amount more control, which is going to involve a lot of sexual trust over this kind of thing, because you're going to have to have a stronger frame than she has.

When she's of the mind that she can't have another orgasm, like, yes, you can. Yes, you can. Of course you can, and I'm the guy that's going to give it to you. Your level of confidence in that is going to go a long way.

The two angles that I would approach this on are, one, is you can totally extend her clitoral orgasm, but not while she's on top grinding. You see what's going on. The problem is that she's got control over the situation.

I'm obviously going to print some PDFs around this just so you can see the action steps. If you look at the five practice exercises for how to get a girl to have multiple orgasms and you work on those practice exercises while you're stimulating the clitoris, probably while you're going down on her, but certainly … I don't know if you guys have a stroking practice or anything like that. I'm not super into it myself for various reasons. I think it's not super healthy for the relationships. Using a lot of lube and just your finger on her clitoris. OMing, that's one thing. I don't know if you're aware of that.

Ben: I've heard you mention it a few times before. There's that welcomed method where you just stroke the clit for ages.

Alex: They're exactly the same thing, right. They're exactly the same thing, and I find that there's a sexual polarity problem with it, and most couples I know practice OMing have relationship trouble even though the woman's like, it' great to have all those orgasms.

You're like, “yeah, I gave you all those orgasms!” but they're not connecting sexually as man to woman anymore. That's why I don't teach it. I look at the couples that are doing it, and I'm like, this is not where most people want to go.

Ben: You mean because of the mechanics of it rather than because of passion and connection.

Alex: There's no passion and connection, and the giver/receiver vibe gets screwed up, and eventually what happens is it leads to fractures in her sexual desire for her man because he's no longer in the masculine role.

He's serving her all the time.

Look at the couples that are doing this. It started in San Francisco. The men tend to be feminized.

That said, great tool in your toolbox.

For the guys that have the skill and use it judiciously, awesome, but when that becomes what your relationship's about, it becomes a problem. I don't think there's necessarily something wrong with it, but when I look at the folks who are in OneTaste and Morehouse who started this thing, I don't think the emotional content is right in it.

Using your finger or your tongue, you can begin to play with those different rhythm methods. What you're going to do is you need to control the orgasm, not her. Then, you're listening for the rhythm. Play those five little things. Just before she reaches her peak is going to be a key one for her. You slow down, and don't quite let her come, or ease her into coming more slowly, and then just stretch it out and see how long you can hold her up there.

The second thing you try is just after the peak, increasing intensity. She's going to resist. In the other piece, remember I said, when she resists, is being playful with breaking through that resistance.

That begins a little game, when you hold her wrists down and pull her crotch a little closer to your face and that kind of thing. There's ways that you need to play overcoming her resistance. I would go through all those little steps and stages and practice them. One of them's going to pop her for sure. Your level of confidence and all that other stuff is going to come into play there.

The other thing is, I think you should give her a vaginal orgasm. One way that you can do that is after she has a clitoral orgasm. The other way you could do it, which is probably going to be your path home, is to deny her clitoral orgasms for a while. Just deny her clitoral orgasms. Don't let her do it, and just keep working towards vaginal orgasms, using all of these principles. In other words, you're continually increasing her arousal, and then you need to measure her surrender.

The thing is, a vaginal orgasm requires a higher degree of surrender than clitoral orgasm.

That's why she doesn't want to go there.

It's subconscious. She doesn't know it. There's part of her that's like, yeah, I'd love a vaginal orgasm, that sounds great. Another kind of orgasm, bring it.

There's another part of her that's like, "no, no, I don't believe in them. I don't know anyone that has them, and I don't believe in them." Because there's a feeling of emotional vulnerability attendant to it.

I went through those questions to consider… One of those questions is "why is it that some women can only have an orgasm with a man that they're I n love with?" Why is it some women can't have an orgasm with men that they're in love with?

This figures deeply into this thing with the vaginal orgasm. It's likely, in your case, that she's going to need to feel more in love with you, more surrender, more not judged, more fully accepted than she feel now… or that she needs you to be a stranger.

I don't think it's you need to be a stranger.

Unless she turns you over and grinds. She knows what she's doing. She understands her own orgasmic response, and she's not ready to be taught by you what her orgasmic response is.

You need to claim the masculine gently. Build a lot of sexual trust.

There's this other side to surrender. Really work that surrender angle, and bring her to vaginal orgasm. There's a lot of opportunity here, and all these things are simple.

Ben: I have a couple of questions that arise from that, if you have more time.

Alex: Please, yeah. That's why I've held the line.

Ben: Usually after a girl's had a clitoral orgasm, her clitoris becomes super sensitive for a little while. When you say you bring her past the peak and then you let it die and then you start driving again, obviously you've already answered the question, but maybe just reiterate it.

Is that going to be irritating to her if it's going to super sensitive and now you're attacking the clit?

Alex: Yeah, it might be. Everyone is different, and I know that there are women who really can't take more clitoral stimulation after a clitoral orgasm.

We know that there are women who can come for half an hour from clitoral stimulation, so I think at some point you're going to have to respect her thing on this. Probably, because the sensitivity increase is so much, that's why I said, I think what you're going to find is that as she begins to come, you want to reduce.

That's probably the one that's going to work, is as she reaches towards the peak, you're going to want to back off and maybe not even be directly stimulating the head of her clitoris anymore at all. You might now want to be off the clitoris, because I think she's still going to be sensitive enough to have an orgasm without being on the very sensitive tip.

Work together, there is going to be work to keep her there. You're probably going to have to continue to back off and back off and back off up the shaft and even through the hood. You know what I'm saying?

Ben: Yeah.

Alex: I would play with it. Every woman's different. There's no special prize for women that orgasm during sex with you.

Orgasms are happening. If you really want to give her a multiple orgasm, I'd say those are your two avenues of attack, and I think you can probably do both. I think they're both available to you. Vagina orgasm, to my mind, is the more fun thing to add to the relationship, particularly if you really care about her, because that's the direction of deeper intimacy. She's going to feel an enormous level of attachment to you after you're the first man that gives her a vaginal orgasm.

Do you want that?

Ben: Yeah.

Alex: Do you want that? As a responsible man, it's sometimes difficult to unwire the difference between, “yeah, I want to be the guy that gives her everything,” and then maybe it's not the best idea to be the guy that gives her everything.

Ben: I also have some ideas. If I'm going down on her and she gets close, because she wants to come with me insider her, she's like, stop, stop, stop, I want you in me.

I'm doing something here. Don't interrupt. She definitely has that masculine energy that comes in a block.

I thought really I'm just going to tie her up, and if she tells me to do something, I'll be like, no, I'm in charge here, so then I can go for as much vaginal stimulation as I like. If she's like, I want, blah, blah, blah, and you're like, well, you're tied up right now, and I'm in charge. Would that work?

Don't be a dick about it but just taking that masculine role for a while and saying this is what you think, but I know that you're capable of something else and stuff like that.

Alex: Yeah, right. Or just say, “shh, it's for me.”

Ropes will work, but I think you can also just do it with your physical strength. There's a process of creating this polarity, like I said, that may begin with really working with just sexually objectifying her. Have her pose for you and do other things for you. Tell her to do this and tell her to do that. Get her deeply into her feminine. Let her feel your strength. Pick her up and put her against the wall.

All the ways which you can show her sexual dominance and sexual strength will bring her more and more into her feminine, more and more into her receptive, and she's like, hehehe, and giggly and all that.

You get her into that place, and she's more and more likely, then, to continue.

Remember, she's got habit here. It's habitual. She's like, now flip over. I want to do it this way now.

In order to rob her of that habit, break her of that habit, you're going to have to ease that in slowly, beginning with really getting her deeply into her feminine, and then just hold her down and see what happens. If she begins to freak out, then you've got some emotional work to do, and that'll tell you some things well.

If you've got your internals good, the emotional state resonance, if you've got your internals good and you're just feeling confident and cool about it, then she's not going to freak out, unless she's had a horrible experience in the past, and I don't think she has, she doesn't sound like that girl.

Ben: That's right. Excellent, thank you so much.

Alex: It's been a pleasure, and thank you my friend.

Do you agree that who you're being with her in bed is more important for women than having orgasms in order for them to be sexually satisfied with a man? This “who you're being” thing is in service of something.

I didn't really talk about that this much in this program, but it's been in a bunch of my other programs. “Who you're being” often is the difference between what works and what doesn't work. Which is to say you can do a certain technique going down on a girl. If you're being tentative, shy and anxious guy, she's probably not going to have an orgasm from it.

Whereas if you're being dominant, powerful and confident guy, she probably will have an orgasm from it because that guy is arousing. These things really work together. It's not a one or the other thing.

The “who you're being,” obviously, is very important to bring her to orgasm. Once she has an orgasm, “who you're being” is what allows her to have multiple orgasms. It's not a one or the other thing. These things are highly, highly related.

Q: Jack asks, who's your highest recommended pick up coach?

A: That’s an interesting question.

I'm going to give you two recommendations. I really like Christian Hudson's stuff, because, first of all, Christian Hudson is just a solid guy who has a real relationship with a really sensational supermodel chick who's smart, compassionate, fun, and adores him. He really gets what it takes to be a man who ultimately gets into a good relationship.

Love Christian Hudson's stuff. He's also just a great friend of mine. His program, Girlfriend Activation System, is just the bomb. I recommend it pretty often.

I've got to recommend Adam Gilad too. Gilad gets it. He really gets the joie de vivre and how to be a bold, real man. He loves women. He doesn't have an enviable relationship because he's a single dog, but he is a wonderful, wonderful teacher.

If you really want to learn pick up and just pick up, you want to rock that, then particularly if what you're trying to succeed at is completely overwriting your bad program around being afraid to approach women and that sort of thing and just learning how to naturally be yourself and just be able to walk up to a woman without being a pussy and having a conversation with her, and you just want to get that incredibly solidly, you know how to get attraction and all the kind of thing, RSD is still the best.

I just think Tyler/Owen and the RSD guys pretty much run it the way I just ran this orgasm thing. They're like, look, it's simple. Don't overcomplicate it, and they just keep hammering the same thing over and over again, which is strop trying to impress her and just go have fun for yourself, and she'll like that. And they just hammer that, and that's really all it is. I really like those guys. Their stuff can be a little weird and misogynistic. It's not normally what I recommend, but they're good at it.

Q: f my girlfriend usually has an orgasm when I go fast and hard, is there any way to get her also to have an orgasm when I go slower and take my time?

Sometimes when I go fast and hard, I can't last long enough to make her come.

A: Yes, man, absolutely. Listen, the fast and hard thing, that is definitely not the only way to get her an orgasm, and you're cheating her out of the experience of doing it the other way.

I would definitely, in your shoes, give her an orgasm going slowly. This is a woman who's already having vaginal orgasms, so this is a really easy way to open the repertoire and do something totally new for her.

Again, rhythm is critical, so you have to pay attention to what works. The easiest thing to find that works, sometimes, is hard and fast, first of all, because she's getting passion from it…

When you say, when I go hard and fast, I can't last that long, so I'd like to do it more slowly, here's the dicey trick: It's BECAUSE you can't last so long that it's working.

In other words, it's this emotional state resonance. Your turn-on is increasing and increasing and increasing. You're like, fuck, I can hardly hang on. I'm going to come.

That's what's making her come.

That's what's doing it. The idea is, if you can go really slowly and increase your arousal state from going really slowly to the point where you're almost coming and then hold yourself right there, she'll have an orgasm. That's going to work. The danger is, of course, that you're going to have an orgasm.

That's the piece you're not going to be able to get rid of, so get Command & Control, and have non-ejaculatory orgasms, and that'll just rock her fucking world.

Failing that, find another rhythm that turns her on. When you're going faster, you can notice more easily when it's working, because in five seconds you're like, this is working. Whereas, when you're going more slowly, let's say you're only thrusting once every three seconds, it might take 30 seconds to notice that that's the rhythm that's working.

You're playing more slowly, but what's your rush? What's your rush? You're going to need to listen in a little longer. Sometimes it's a little slower. Sometimes when you're going for that slow-build orgasm, it's like thrust, thrust, thrust. It's like a millisecond slower, like thrust, thrust, thrust. It sounds funny when I paint it out like that, but sometimes that's the perfect rhythm, and you'll feel her hitch into it, but not right away. It might take five thrusts, so you've got to wait long enough to notice what's working. You'll feel her hitch into the rhythm, and then just stick with it.

The other thing that you might want to play with is go faster to get her to a higher arousal state, and then start going slow again. Then go faster, bring her to a higher … but don't let her come in the higher arousal state. Keep going slower, and then just keep going slower and keep going, keep going, keep going.

Watch her arousal. Watch your arousal. Like I said, the more you get into it … I almost hesitate to give you this trick, but it's such a good one that I'm just going to give it to you…

If you find that going more slowly is less arousing for you, try faking it a little bit. I don't mean have a full-on fake orgasm, but just really give her the external symptoms of being close to orgasm and see what happens. It works. That's the thing is it works. That's why I'm telling you. Obviously, it doesn't work as well as the authentic emotion, but it works.

Play with that Jake, that's going to work for you.

Q: How to convince her to try new things. Girlfriend says she likes to keeps things simple and refuses to let me try, for example, some new finger technique.

A: I've dealt with this question a couple of times already on the call. Sexual trust, that's the first thing. You've got to get to the point where nothing can be wrong and everything is good, get past all your shame and all that.

Then powerfully let her feel it from you.

Then secondly, she's not bad and wrong for not wanting to do it, and that's a little difficult line to hold. Don't be disappointed when she doesn't let you do it. Just be like, it's fine, relax, it's all good.

Do it for me. Please your man. Take the masculine stand. This isn't for you, it's for me. I want to touch you and feel you and experience you on the inside. I want to feel every square inch of you with my fingers, and that turns me on.

Let her feel your arousal. Let that be the authentic reason you're doing it so that she doesn't feel like there's something she can fail at. Just make it so she can't fail. She can't be made wrong for not doing it right, if that makes sense.

Q: I've been seeing this girl for a short while, and she was able to easily have an orgasm at first, and now she cannot come. She's relatively young and inexperienced.

A: I don't know exactly what's going on there, Jerry, but she used to be able to come and now she can't suggests to me pretty strongly that she was faking it in the beginning, and now she's really ashamed of that and doesn't want to tell you because you're going to hate her.

Don't hate her.

It doesn't matter if she faked it or not. Forget her previous orgasms. Just forget about them. They either happened or they didn't. She either faked it or she didn't, but just be okay with her being a human.

Like you said, she's young and inexperienced. She really wants you to like her, because you're older and more experienced it stands to reason.

Again, don't set this up in any way that she can be wrong. Just go through this program, only, and use the things in this program.

Is she not aroused? Is she obviously aroused? She's like soaking wet, shaking with excitement but she's not coming? She's aroused, then it's a surrender thing. She gets afraid to surrender.

Go through these little steps.

Play with the ones that makes sense to you. There's one in there that's going to make it super easy for you, not because it's the one that's easy for her, or that unlocks her, but because it's the one that resonates for you and is easy for you… and then it'll just unlock her.

If you look at those questions, like there's some stranger who could maybe make her come, and it's like “what do you mean? What do you mean that there's some guy she doesn't like who could make her come better than I could?!”

That's the way it is, so by really understanding surrender and by going through those little aspects of how to make surrender happen, you'll be able to make any woman have an orgasm, and that's really what this is about, including this girl.

Being that guy who doesn't need to quiz her about whether or not she was faking the earlier ones or how come you're not coming now? Being the guy that's just past all that shit is the very nature of the sexual trust that you're going to need to build to get her to surrender now.

Q: Regarding being sexually present, what do you mean on your slide on doing it non-verbally?

A: Being sexually present was something that I was saying in contrast to sexual fantasy, in that case.

There's all these different ways that you can get her mentally aroused, get her intellectual state to be thinking about sex. One of them would be to build a fantasy. Imagine that you're a stripper doing this sexy dance for me, or imagine that we just met in a bar and you're just going to have sex with a random stranger, and that random stranger is going to be me. That's fantasy.

Or you can, here's what's going to happen in the future. I wouldn’t actually say those words, here's what's going to happen in the future. Instead, you could just say, “what I'm going to do is I'm going to pull you into the bedroom, and I'm going to slowly undress you. Then I'm going to kiss my way all the way down your body, between your breasts, until I reach your clit,” so you're telling her what you're going to do. She's like, I'm thinking sexual thoughts. That's hot, right?

The “being present” thing is telling her, verbally, here's what's happening. I'm pressing my cock into you, that kind of thing. You're telling her.

You can do that physically, without words, by drawing her attention to it, by making strong eye contact and just letting her feel the moment with you, drawing her into the present with you. One way to do it is by making strong eye contact. Another way of doing it is by showing her in the mirror, if you're near a mirror. There's all these physical ways where we're really bringing her into the present moment of feeling.

Q: Some time ago, you told me that the reason for why most women are more sexually attracted to masculine men rather than feminine men is that most women naturally prefer to be in the feminine part of themselves. Is that really the whole reason to it, or is there more than that?

A: First of all, the reason for it, I can't be totally sure. I'm not necessarily doing a scientific study on it. It being true is probably the more important piece.

Probably the deepest reason for it is biology. We have a lot of biology that makes masculine men. We're men, so we tend to be masculine. Women are feminine, so they're women, they tend to be feminine.

It really begins with the penetrative nature of biology, in the nature of biology, that men are physically stronger and that men can have sex with multiple partners and that women need to choose one partner. I think that these things really rest in our genetics to some degree.

Q: If women prefer a masculine guy, then at the same time, why are most women bisexual and they're sexually attracted by other women?

A: Excellent question. I have no idea. It is true that there's a bell curve with women that pushes towards straight. Most women like having sex with men more than they like having sex with women, but most women are pretty turned on by the thought, at least, of having sex with a woman.

There are very few women who are strictly, absolutely lesbian and have no interest in men and very few women who are strictly, absolutely, only into men and aren't at all into women. Though, there are more of them then there are of strict lesbians. It's a bell curve shifted to preference for men, and I don't know why.

I do have one more question that came in, so I'm going to hit it. Which is…

Q: My girlfriend has trouble having clitoral orgasms, even when she masturbates alone. She says it takes her 20 minutes, and she does not seem entirely comfortable with vaginal stimulation using my fingers. She'll take it for a while, but then she says she's had enough or she wants to pee. How can I get her to stay with vaginal stimulation? Her arousal is not a problem.

A: She’s having trouble having clitoral orgasms, or she's having trouble having vaginal orgasms? What's the question here?

The clitoral orgasms or the vaginal orgasms, again, this is a matter of surrender, if her arousal is not a problem. I'd be really looking at that more closely, because, obviously, there's always space to bring arousal higher and higher and higher.

The reason that she doesn't like the stimulation with your fingers as much, two possibilities. One is, when she says she has to pee, she might be on the verge of female ejaculation. Probably, what you want to do at that point is tell her to press her vagina back against your fingers. Ask her to push against your fingers. Then tell her to just relax and it's okay.

Tell her to pee before she has sex so that she knows her bladder is empty. If she still feels like she has to pee at that point, it's probably going to be a female ejaculation. Throw down some towels. She'll probably have a huge orgasm and squirt is probably what'll happen.

The other possibility, by the way, if she doesn't like that feeling and you just don't want her to ejaculate because you don't want a mess on your bed is don't work the g-spot so much. Work the a-spot, go deeper.

You might want to use your penis instead of your fingers for the a-spot, unless you have long fingers.

There's all these different ways of stimulating her vagina, and you can just literally go in and out with your fingers without necessarily having to massage her g-spot.

That's generally the “I've got to pee and it's uncomfortable” thing, particularly for women who are prone to urethral infections and urinary tract infections and that kind of thing. You're right on the urethra when you're doing that. That's probably what's going on there.

I'd play with both. It's very possible that she's about to ejaculate. You might be on the verge of having some good fun.

With that, gentlemen, thank you. The recording will be up tomorrow. This is Alex with Revolutionary Sex. Thanks for showing up to the program. This was a fun one, and I will talk to you guys again very soon.

Thank you.

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