ORGASMS

Program Slides For Easy Reference



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Orgasms!
Screaming, Sheet-Shredding, Multiple-Orgasms!”

The 'How-To' Guide For Fast, Consistent, & Powerful Female Orgasms

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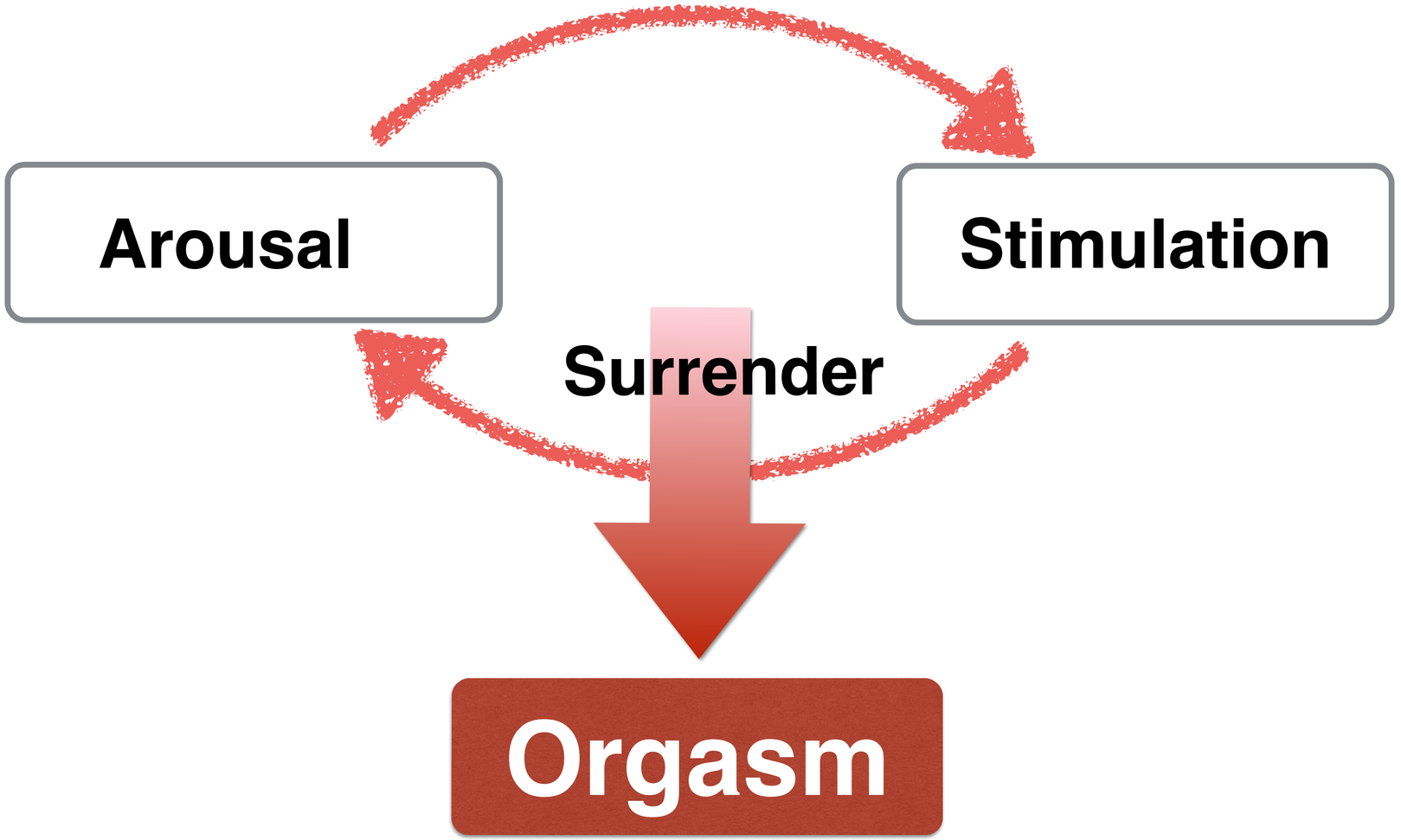
Questions…

- Why Are Some Women Only Able To Have Orgasms With A Man They Deeply Trust and/or Love?
- Why Do Some Women Have Much More Powerful Orgasms Only When They Cheat, Or During Sex With Strangers?
- Why Is It That Some Women Can Only Have Orgasms Alone While Masturbating?
- Why Is It That Some Women Never Have Orgasms At All?

Here Are The 3 Direct Components Of Female Orgasm

- Arousal
- Stimulation
- Surrender

Here Are The 3 Direct Components Of Female Orgasm



Arousal

- **Sexual Polarity**
- **Sexual Thoughts**
- **Emotional State Resonance**
- **Stimulation**

Arousal: “How to”

- Sexual Polarity
  - Dominance:
    - picking her up,
    - holding her down,
    - leading/sexual aggressiveness, telling her what to do
  - Sexually admiring, objectifying
  - Getting In Touch With Your Feminine: sensuality, receptivity, receiving

Arousal: “How to”

- Sexual Thoughts
  - Fantasy:
    - future pacing: telling her what you’re going to do,
    - scenario: strippers, strangers, pirates, prostitutes, etc.,
    - characters: stars, models, neighbors, stuffed animals
  - Sexually present: Bringing attention to what is (verbally or non-verbally)
  - Romance, humiliation, dirty talk

Arousal: “How to”

- Emotional State Resonance
  - Getting yourself turned on:
    - Indulging your 5 senses
    - Do what turns you on first
    - Fantasy/Sexual thoughts
  - Sharing your arousal
    - Communicate (touch, sound, words)
    - “Share the trance” directly

Stimulation

- **Mental (“B Spot”)**
- **Erogenous Zones**
- **Whole body sensuality - 5 senses**
- **Rhythm**
- **Body Listening - paying attention to what works**

Stimulation: “How to”

- Mental: Orgasm Occurs In The Brain
  - Fantasy
  - Dirty Talk
  - ESR
  - Hypnotic language

Stimulation: “How to”

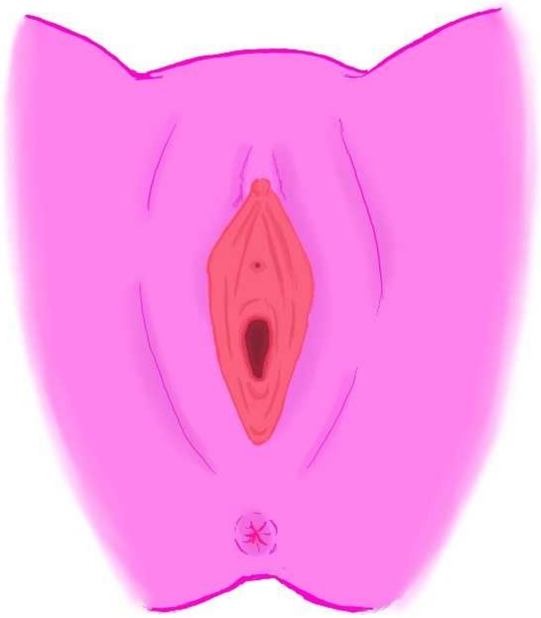
- Erogenous Zones
  - Clitoris
  - G Spot, A Spot, H Spot
  - Labia
  - Nipples
  - Skin: neck, ears, lips, inside of joints, wrists, feet, belly

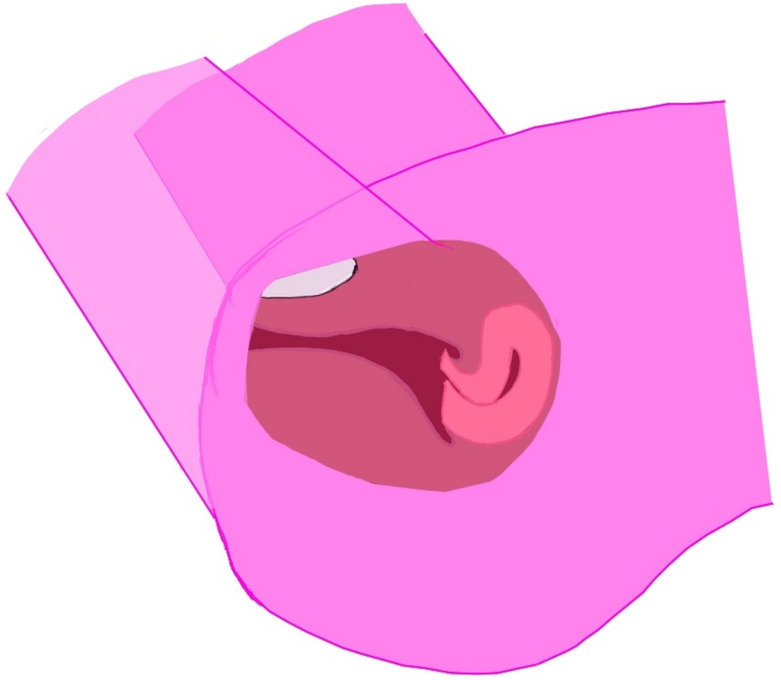


Rhythm

Stimulation: “How to”

- Erogenous Zones





Rhythm

Stimulation: “How to”

- Touching Skills Toolkit: “Red, Blue, & Yellow”
    - Squeezing, pressing, teasing/tickling, caressing, stroking, slapping, deep pulsing, sucking, flicking, licking, slurping, pounding, stretching, pulling, pinching, biting, breathing, blowing, smelling, kissing…
    - How to paint:
        - Psychological, emotional, sexual content (who you’re being)
        - ESR (selfish giving)



Rhythm

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Surrender

- **Sexual Trust**
- **Un-attachment**
- **Overwhelm**
- **Feminine Receptiveness**

Surrender: “How to”

- Sexual Trust - Being unshakeable in the bedroom
    - The zero judgements zone
        - Total Acceptance and Acceptance of her feminine
        - Acceptance of the full range of her sexual expression during sex
    - Dealing with your own sexual shame - Acceptance & Alchemy
    - Sexual Confidence
        - Competence / Skills
        - Self Trust

Surrender: “How to”

- Unattachment
  - What’s at stake?
    - For you…
    - For her…
  - Acceptance - Enjoying “what is,” in the moment
  - ESR

Surrender: “How to”

- Overwhelm
  - Passion
  - ESR
  - Open the floodgates of Arousal & Stimulation
    - Edge into your highest arousal state
    - Lose yourself (for long enough) and she’ll lose herself

Surrender: “How to”

- Feminine Receptivity - Inviting The Masculine To Drive Her Surrender
  - Polarity and arousal
  - Letting her please you: Compliance / Obedience as a reward
    - Is it okay to tell her what to do?
  - Assuming control as a gift - taking the wheel of her arousal
  - Guiding her through the door

The Multiple Orgasm Practice Guide

1. Some Women Just Do… magic!
2. Play with overcoming resistance - no, stop, safe-words, ESR
3. Practice Skill: “Body Listening” and feeling her orgasm
4. Practice Skill: Playing with rhythm while Body Listening
5. Practice Skill: Orgasm peak, breath rate, & rhythm…

The Multiple Orgasm Practice Guide

Orgasm Peak, Breath Rate & Rhythm - 5 things to try:

1. Increase intensity at the moment of peak (speed & emotional)
2. Increase intensity at the moment she is coming down
3. Increase intensity right before she comes down
4. Ease off at the moment of peak (or right before), then resume
5. Ease off at the moment of peak, then increase intensity